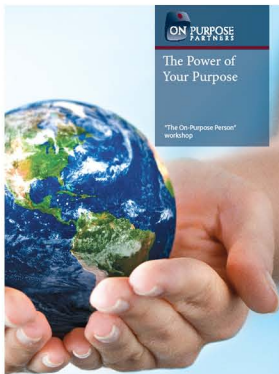


# The Power of Your Purpose Workshop



Participant's Workbook

## How would you like to:

- Have more time with your family or partner?
- Have a clearer focus on the things that matter most?
- Achieve peace of mind and jettison the unimportant?
- Reduce your stress levels?
- Manage your life and get things done?
- Exchange burnout for balance?
- Plan and prioritise more effectively?
- Know what you want to do with your life and your Purpose?

## Facilitators:



Dr Edward Gifford



Angela Gifford

## Workshop Overview

This one day workshop is designed to empower individuals to become On-Purpose in life and to align their life to their Purpose. Its focus is personal but challenges individuals to develop their personal life plan within the context or work. It also has a strong focus on work/life balance.

- Is your life filled yet unfulfilled?
- Are you pulled in a thousand different directions while you live up to other's expectations?
- Are you looking for a clearer focus on the things that matter most?

Many people report an increasing desire to know that they are making a difference. Through aligning their life to their Purpose, they are discovering the power of knowing their Purpose and living it out seven days a week.

## Workshop Outcomes include the following:

- Gauge your current level of satisfaction for each area of your life
- Move from confusion to clarity in your personal and professional life
- Question and refocus on the things that matter most in your life
- View business or work within the context of all other life accounts and develop a life-style model that is integrated and holistic
- Create an action plan to achieve your top priority
- Plan your ideal on-purpose day and how to achieve your core life wants
- Write a meaningful two word personal purpose statement that you can apply to all areas of your life

Hundreds of people have participated in this workshop and consider it to be unique, inspiring, profound and life changing. Hands-on, practical and fun, it is suitable for groups from business, service organisations, schools, churches, and special interest groups.

**Your life may never be the same again after this transformational day!**

## Investment

(Normally a per person rate for this one day workshop. A daily workshop fee can be negotiated for in-house engagements) Numbers will be limited to 15 unless negotiating a package.

As Socrates said "The unexamined life is not worth living."  
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